



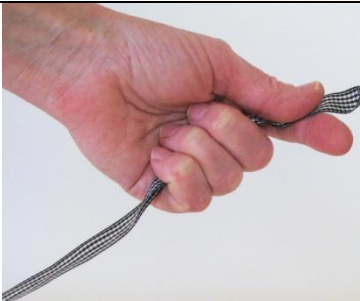



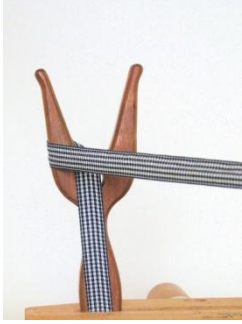
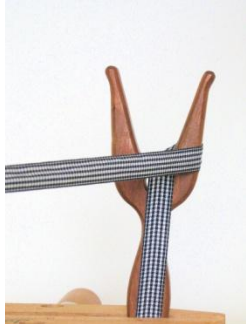








# BEGINNING STITCH

This is the beginning for all stitches. This is the way I start. It is not the only way to do it, but it works for me.

Left handed	Description	Right handed
	1. Hold the lucet in your non-dominant hand with the horns pointing up.	
	2. Put the yarn under your non-dominant thumb so that 8 to 10 inches dangle down below your thumb on your thumb's side of the lucet. (As your technique improves, you can leave less yarn dangling down.)	
	3. Hold the long end of the yarn in your dominant hand between thumb and forefinger.	
	4. Move the long end of the yarn away from you, and between the horns of the lucet.	

Left handed	Description	Right handed
	5. Bring the long end of the yarn around the dominant horn (the one closest to your dominant hand) and back toward your body.	
	6. Continue moving the yarn around the dominant horn so that it falls between the horns again.	
	7. Bring the yarn around the far side of the other horn and back to the middle.	

You are ready for your first stitch.